

Olympics Crafts – 3 Ways!

YOU'LL NEED: SMALL PAPER PLATE, BOTTLE CAP, RIBBON, TIN FOIL, TAPE, SCISSORS, PAINT OR MARKERS, TISSUE PAPER, PAPER TUBES

1. BOTTLE CAP MEDALS

To make each medal, wrap a plastic bottle cap in a piece of tinfoil. You can paint the foil different colors if you'd like. When they're dry, tape a loop of ribbon to the back to make a necklace, and then decorate your medals. In the Olympic games, they decorate medals with a **pictogram**– a little image that represents each sport. Maybe you want to host your own backyard Olympics-- what events will you have? Get creative!



2. OLYMPIC RINGS PAINTING

The red, yellow, green, blue, and black Olympic rings represent unity and countries coming together. To make these rings, lay out your paint colors on paper plates. Use a cardboard tube like a stamp– dip the circle end into the paint, and stamp it onto your paper. You can **layer**, make a **pattern**, or get creative. Once your Olympics print is dry, you can also use it to cut out letters or a pennant.



3. OLYMPIC TORCH

The Olympic flame is lit in Greece and carried all across the world to the site of each Olympic Games. To make this paper version, start by painting a small paper plate. When it's dry, roll it into a cone, and tape. Use colored tissue or construction paper to make flames, tucking them into your holder. Try having your own Olympic torch relay– set up an obstacle course and complete it without dropping your torch.

