

Clean Hands Sensory Play!

YOU'LL NEED: FREEZER BAG, PERMANENT MARKER, GLOVES, DUCT TAPE, POMPOMS, CONFETTI, OR GLITTER, HAIR GEL

SCRUB AWAY THE GERMS AND REINFORCE HANDWASHING WITH THIS SENSORY BAG ACTIVITY.

1. DRAW

- Have a grownup help you draw two hands onto a sealable plastic bag in permanent marker. You can even trace your own hands, just make sure to wear a pair of gloves so you don't stain your hands!

2. FILL YOUR BAG

- Fill your bag about halfway with hair gel. You could also fill your bag with slime, shaving cream, paint, corn syrup-any thick liquid will do.
- Add in some germs! We used things with different textures, like pompoms, sequins, glitter, and confetti.



3. SEAL

- Have a grownup carefully seal your bag shut, squishing the air out of the top. Use strong tape across the top and bottom of the bag to make sure it's sealed, and to make it stable to play with.

4. PLAY!

- Use your hands, the back of a spoon, or a toothbrush to clean your hands! As you push the objects in the gel, they will slide right off. Try to get your hands all clean. Happy hand washing!

